

Outpatient Therapies

Our Specialties

- Pre and Post-Surgical Rehabilitation for Joint Replacements
- Neck & Back
- Shoulder, Elbow, Wrist & Hand
- Hip, Knee, Ankle
- Orthopedics/Sports injuries
- Stroke
- Parkinson's Disease
- Swallowing and Speech Disorders
- Vertigo
- Multiple Trauma



The Difference Is Excellence

Good Shepherd Rehab and Wellness has long held the reputation of providing superb rehabilitation. Our experienced staff, compassionate care and cutting edge technologies offer patients a gentler opportunity to recover through Physical Therapy, Occupational Therapy, and Speech Therapies. Increasing strength, improving endurance and aiding in flexibility are part of what we consider in your unique plan of treatment.

Our State-of-the-Art technology includes:

- Keiser strength training equipment
- NuStep cardiovascular training equipment
- Bioness L300 electrical stimulation technology - regain mobility and recapture independence

Scheduling an Appointment

A physician prescription is needed for an appointment and some insurances may require a physician referral.

Contact us for further information:

Good Shepherd Rehab & Wellness
 80 Fairview Avenue
 Binghamton, NY 13904
 607.724.2477
www.gsffhome.com

The Area's Most Experienced Team

Whether you're recovering from knee or hip surgery... a back, shoulder or hand operation ... or whether your physician has prescribed Physical Therapy in lieu of surgery, put the area's most experienced name in recuperation to work for you.

Our specialized team is designed to support patients over the age of 50. Working with your physician, they can tailor an individualized, highly effective treatment plan to get you moving again and back to activities you always enjoyed.

Planning for You

Our team begins by identifying your specific needs. We then create an individualized treatment plan, to ensure optimal pain management and tolerance. Our team will work to schedule appointments that are convenient to your lifestyle. Best of all, you'll recover in our state-of-the-art therapy facilities with our attentive, caring staff.

Therapy That Works

Therapy at Good Shepherd Rehab and Wellness is designed to strengthen and treat pain in muscles, nerves, joints, and bones. By using appropriate exercise, manual therapy, electrical stimulation, hydrotherapy, heat, cold and other procedures, we can help you rebuild to better health.

Let Us Help

As a patient, you have the right to choose any medical provider. If your physician has prescribed therapy, why not choose Good Shepherd Rehab and Wellness.... the experienced provider that specializes in adult therapies?



Good Shepherd Communities

Good Shepherd Rehab & Wellness is part of Good Shepherd Communities, which also includes Good Shepherd Fairview Home, Good Shepherd Village at Endwell and Good Shepherd Communities Foundation.